

Andrea Lenzi

Good health is a major resource for social, economic and personal development and an important dimension of quality of life.

Ottawa Charter for Health Promotion, 1986

Urban Health

- Two thirds of the population of the European Region live in towns and cities. Urban areas are often unhealthy places to live, characterized by heavy traffic, pollution, noise, violence and social isolation for elderly people and young families.
- People in towns and cities experience increased rates of noncommunicable disease, injuries, and alcohol and substance abuse, with the poor typically exposed to the worst environments. However, there are ways to tackle these challenges.
- 36% of the Italian population live in the 14th Metropolitan cities

“Where people live affects their health and chances of leading flourishing lives. Communities and neighbourhoods that ensure access to basic goods, that are socially cohesive, that are designed to promote good physical and psychological wellbeing, and that are protective of the natural environment are essential for health equity.”

Closing the gap in a generation, WHO headquarters, 2008



Health City Institute

- Health City Institute is a "Health Tank" independent, non-partisan and non-profit, born as a civic response to the urgent need to study the determinants of health in cities;
- Health City Institute wants to aggregate people of the world of professions, industry, finance, entrepreneurship, innovation, consulting, academia, government, the judiciary, culture, science and the media, people of the highest integrity and motivated by a strong civic passion to service at the National and local of the community;
- Health City Institute at the Institutions offers: a comparison with diversified skills (horizontal, vertical and system) and access at the global best practices;
- Health City Institute wants to be a professional counterpart animated of civic sense, credible and independent willing to work on specific projects and actions targeting on the promotion of health in Italy.



Manifesto of the health in the cities

- The Manifesto outlines the key points that can guide the cities to study and improve the determinants of health in the urban environments and it to leverage on them to devise strategies to improve the lifestyles and health of citizens. Each point of the Manifesto contains the priority actions for achieving this objective and the development of a model of cross-sector partnerships for the implementation of projects of study on the impact of the determinants of health in urban settings;
- The action of Health City Institute is inspired by the 10 key points of action on urban health expressed in the Manifesto.
- Il Manifesto has the patronages of the Italian Municipalities Association (ANCI), National Institute of Health (Istituto Superiore di Sanità), Federsanità ANCI



C14+



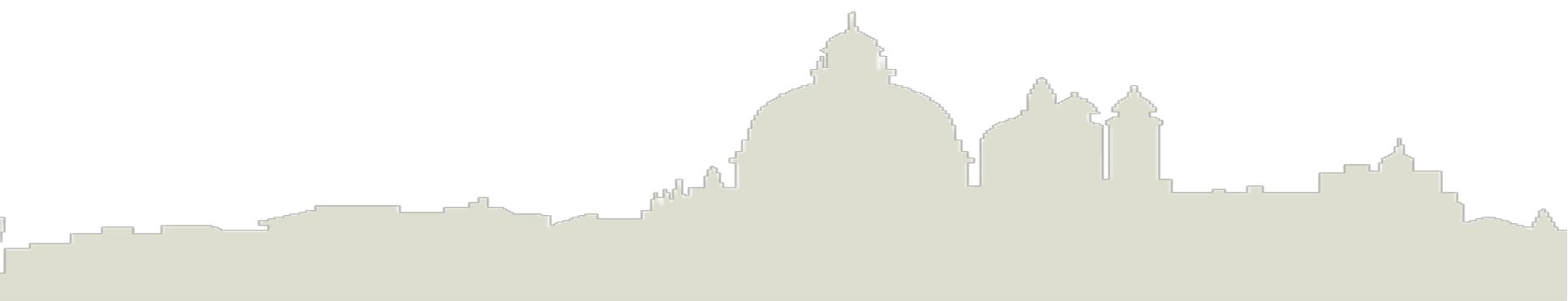
- C14 + is a permanent observatory on health in 14 metropolitan cities and in major Italian cities and it operates in partnership with Mayors and local health managers;
- Observatory objective is to aggregate local expertise which the Cities, Universities, Local Health Units, Research institutes to produce specific urban analysis in order to enable at the local decision-makers to make decisions and solutions for improvement of the health of densely populated urban contexts;



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*"You take delight not in a city's seven or seventy wonders, but in the answer it gives to a question of yours."
Italo Calvino, Invisible Cities*